



# INFORMATION PACK

We all know that stress and anxiety are major issues in the world today.

That is why we are on a mission to empower youth and communities by using the best known natural remedy  
– mother nature.

*We believe this is a vital missing link to 'feeling good' (wellbeing).*

Ro Privett

## Our Incursions

Wild Incursions is an independent school initiative empowering youth, schools and communities with a range of 'getting back to nature' activities.

Primarily focusing on secondary schools, we are providing these activities as part of an ongoing nature connection program customised to your schools needs and interests.

## Why Wild Incursions?

This isn't just another program. Wild Incursions offers a fresh and experiential experience that is unique. We recognise the pockets of nature in *your own* schoolyard and share that with your students through thoughtful and meaningful activities. Our staff are all teachers who have recognised the need for these activities and are passionate to make a difference.

Connecting to the natural world is finding a connection to ourselves

## Our Why

Having a connection with nature is beneficial for the well-being of both humans and the natural world. It helps people relieve stress, feel happier and more connected in general. Being both happy and connected makes people feel healthier and nurtures their growth and fulfilment. Our ancestors and those before them knew the importance of nature. It is vital for our well being. So many of us have lost that connection. It is time to re-connect to nature and to our true inner self.

## Our Technique

Curiosity, engagement and wonder. As professional teachers and outdoor educators we have witnessed countless how these three traits are the cornerstone of re-connecting with nature. Taking the students outside the classroom and engaging in fun and wholesome activities – naturally.

[www.wildincursions.com.au](http://www.wildincursions.com.au)

## Our list of Incursions:

- Wonder Trail

- Nature's Bubble-Gum

- Nature Orienteering/ cunning running

- How cool is your school

- Earth dance

- Caveman Crusades

- What scat is that?

- Sock it to nature

- River of Dreams

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## Facts:

- Children today spend half the time their parents did playing outside
- Our teens are more stressed than ever
- So many children feel very alienated from nature
- Studies of students in U.S.A show that schools that use outdoor classrooms and other forms of experiential education produce significant student gains in social studies, science, language arts, and math
- Health professionals all over the world are recommending 'nature time' for both prevention and treatment of almost all of the common mental health issues

## Your Benefits

- Immediate relaxation – removing stress and anxiety
- Enhanced state of mind – concentration and capability to make clear decisions
- Calms the nervous system
- Balanced hormones and emotions
- Providing a more optimal learning mindset for students
- Better relationships between students and teachers
- A school full of happier, healthier and more connected people

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## About Us:

Wild Incursions was created from the synergy between many young, passionate leaders and myself, with the determination to help society re-connect to what's truly important.

Nature played a vital role in my healing myself from serious illness. It helped me come alive and I continue to engage with nature every day. It is now my dream to share that story and practise amongst every young person.

I, Ro Privett, am a passionate fellow, driven to make a difference. I hold qualifications in both Environmental Science and Outdoor Education as well as hold a Diploma of Education. Skilled in Rite of Passage, Holistic Tracking and Emotional Intelligence. Working extensively as an Outdoor Education teacher, I desire to support adults and youth through awareness, education and action.

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# How do you bring Wild Incursions into your school?

Simply register your school online - [www.wildincursions.com.au](http://www.wildincursions.com.au)

## Feedback from Teachers

“Ro has a unique gift. He is able to engage with young people from all walks of life and inspire them to make meaningful change. His passion is palpable, his experiences inspiring and his drive to reconnect people with the natural world is infectious.”

Dan Davies

Gippsland Grammar

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## Contact us

Ro Privett

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'If we survive this mess, It's because we put our kids in nature'

**Jon Young**

[www.wildincursions.com.au](http://www.wildincursions.com.au)